

Remember these

Five things NOT to do with your dog when it's hot outside



1. High-Intensity Exercise

Avoid engaging in high-intensity activities such as running or playing fetch for extended periods of time. This can cause your dog to overheat quickly and become dehydrated.



3. Leaving Your Dog in the Car

Even with the windows cracked open, the temperature inside a car can rise rapidly, putting your dog at risk of heatstroke. Never leave your dog alone in the car, even for a few minutes. Car journeys in general can be hazardous so avoid long ones during the hottest part of the day.

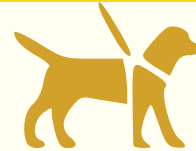


5. Leaving Your Dog Outside Unsupervised

When it's hot outside, it's important to keep a close eye on your dog. Avoid leaving them outside for extended periods of time without supervision.

How hot is too hot?

Above 19 degrees Celsius can cause your dog to overheat and become dehydrated. Above 25 degrees Celsius is too hot for dog walks. 22 degrees Celsius in a car could reach 47 within the hour.



2. Walking on Hot Surfaces

Pavement, asphalt, and sand can become scorching hot during the summer months, causing burns on your dog's paws. Avoid walking your dog on these surfaces during the hottest part of the day.



4. Overexposure to the Sun

Just like humans, dogs can get sunburn and heatstroke. Avoid spending extended periods of time in direct sunlight, especially during the hottest part of the day. That includes sitting outside pubs and cafes and going to outdoor events or the beach with your dog. You should also apply a pet-safe sunscreen to your dog's ears, nose and tummy if they're going outside.

Call your vet practice for advice if your pet is struggling in the heat